

**Note to Learner:** The Institute for the Advancement of Family Support Professionals (IAFSP) encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

**Ongoing:** View the Professional Development Program and each training module as an investment in skills and knowledge to help improve home visitor effectiveness.

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**Before the training:**

- Learner and supervisor review course objectives and family support professional competencies
- Learner rates knowledge of learning objectives

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**During the training, the learner:**

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Prints Reflective Responses to share with supervisor
- Completes post-training evaluation

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**After the training:**

- Learner:
  - Rates knowledge of learning objectives
  - Completes post-training activities, as required
  - Develops an action plan for applying skills and knowledge in daily practice
  - Meets with supervisor to:
    - Review pre- and post-training activities
    - Discuss reflections, questions, and concerns
    - Review action plan for applying skills and knowledge in daily practice
    - Assess personal learning goals, transfer of learning, and action plan over time

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This 240-minute online module, *Family Partnerships That Support Change and Healing*, provides a deep understanding of the impact of substance abuse and domestic violence on children and families. Participants will examine what to look for, what next steps should be and how to support families through behavioral change.

**NATIONAL FAMILY SUPPORT PROFESSIONAL COMPETENCIES**

*Domain 4: Dynamics of Family Relationships*

*Dimension 15: Influences on family well-being*

*Component d: Risks and stressors*

*Domain 5: Family Health, Safety and Nutrition*

*Dimension 19: Physical health*

*Component c: Substance abuse*

*Domain 5: Family Health, Safety and Nutrition*

*Dimension 21: Intimate partner violence*

*Component a: Recognizing intimate partner violence*

**BEFORE THE TRAINING**

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Recognize the possible signs of alcohol and substance abuse and the signs of domestic violence.		
Understand the impact of alcohol and substance abuse on children.		
Understand the impact of domestic violence on families and children and the issues of power and control.		
Understand the importance of protective factors for families and children.		
Understand the family support professional’s role when a family is experiencing substance abuse or domestic violence.		
Use the stages of change model when working with participants.		

**My personal learning goals for this training are:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## AFTER THE TRAINING

Reflections on what I learned:

Questions and concerns I identified:

**Action Plan:** (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Be aware of signs of possible substance abuse or domestic violence in the families I serve and take action, if needed.
- Talk with my supervisor about using the Relationship Assessment Tool with families.
- Support families in developing protective factors.
- Use the Stages of Change to help determine appropriate interventions with families.
- Talk with my supervisor about any concerns I have about families affected by substance abuse or domestic violence.

### My Action Plan

ACTION	TARGET DATE	DATE COMPLETED