

The Medical Home & Bright Futures Guidelines

QUICK REFERENCE & RESOURCE GUIDE

A Medical Home offers care that is:

- Accessible
- Family-centered
- Comprehensive
- Coordinated
- Continuous
- Compassionate
- Culturally effective

Medical Homes have been shown to:

- reduce visits to the emergency department
- increase the use of preventive care
- reduce hospitalizations and health system costs
- identify children earlier for special healthcare needs
- demonstrate better health outcomes for all children

Bright Futures tools:

- Resource book with guidelines for preventive care and development
- Periodicity schedule
- Parent content
- Pre-visit questionnaire for parents
- Well-visit planner for parents

How FSPs can help:

- Medical home promotion
- Parent support of preventative health care
- Prepare families for well visits
- Reinforce health and safety teachings using Bright Futures and motivational interviewing skills

Resources

[Periodicity Schedule](#)

[Bright Futures Pocket Guide](#)

For Parents

[National Resource Center for Patient/Family-Centered Medical Home](#)

[AAP Healthy Children website for parents](#)

[CDC BMI calculator for children and adults](#)

[Immunization Chart for ages 0-6](#)

[Sick Visit Worksheet](#)

Videos About Vaccinations

[CDC video dispelling myths about childhood vaccinations](#)

[Vaccinations for children and adults](#)

Substance Exposed Infants Trainings

[Early Intervention: the Impact of Perinatal Substance Use on Infants](#)

[Collaborative Care: Developing & Implementing Plans of Safe Care for Substance Exposed Infants](#)

[Staying the Course: Supporting Pregnant and Postnatal Women's Use of Medications](#)