

LEARNING GUIDE FOR PROFESSIONAL DEVELOPMENT

Note to Learner: The Institute for Advancement of Family Support Professionals encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

Ongoing: View the Professional Development Program and each IAFSP training module as an investment in skills and knowledge to help improve home visitor effectiveness.

Before the training:

- Learner and supervisor review course objectives and home visitor competencies
- Learner rates knowledge of learning objectives

During the training, the learner:

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Completes post-training evaluation

After the training:

- Learner:
 - Rates knowledge of learning objectives
 - Completes post-training activities, as required
 - Develops an action plan for applying skills and knowledge in daily practice
 - Meets with supervisor to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - Review action plan for applying skills and knowledge in daily practice
 - Assess personal learning goals, transfer of learning, and action plan

This 30-minute online module will prepare family support professionals to support families in the goal setting process.

Family Goals

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National Family Support Competencies Addressed:

- Domain 6: Community Resources and Support
 - Dimension 23: Service system coordination and referral
 - Component b: Transition
- Domain 7: Relationship-Based Family Partnerships
 - Dimension 26: Positive Communication
 - Component a: Active listening
 - Component b: Effective Inquiry
 - Dimension 27: Collaboration
 - Component a: Role of the family support professional
 - Component b: Goal setting
 - Component c: Action Planning

Before the Training

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Know how families benefit from setting goals.		
Describe the difference between program goals and family goals.		
Explain how to help families identify goals they want to work on.		
Support families in achieving successful outcomes.		
Know how to help families overcome barriers to reaching their goals.		
Understand why the process is more important than the product.		

My personal learning goals for this training are:

1. _____
2. _____
3. _____

After the Training

Reflections on what I learned:

Questions and concerns I identified:

Action Plan: (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Listen carefully to parents to help them identify their own goals.
- Be careful not to confuse my goals with the family’s goals.

My Action Plan

Action	Target Date	Date Completed