



Note to Learner: The Institute for the Advancement of Family Support Professionals (IAFSP) encourages you to complete the training and activities with the support of your supervisor, a peer or a technical assistance consultant. The notes below will guide you in preparing to take the training, following up with your support person after the training and supporting transfer of learning into daily practice.

Ongoing: View the Professional Development Program and each training module as an investment in skills and knowledge to help improve home visitor effectiveness.

Before the training:

- Learner and support person review course objectives and family support professional competencies
- Learner rates knowledge of learning objectives

During the training, the learner:

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Prints responses to share with support person
- Completes post-training evaluation

After the training, the learner:

- Rates knowledge of learning objectives
- Completes post-training activities, as required
- Develops an action plan for applying skills and knowledge in daily practice
- Meets with support person to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - Review action plan for applying skills and knowledge in daily practice
 - Assess personal learning goals, transfer of learning, and action plan over time

This 45-minute online module introduces Family Support Professionals to the basics of how most children develop from ages three through five.

National Family Support Professional Supervisor Competencies Addressed:

Domain 1: Infant and Early Childhood Development
Dimension 1: Typical and atypical development
Component A: Developmental domains
Component B: Developmental stages and milestones

BEFORE THE TRAINING

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective		
Describe the developmental domains		
Describe developmental milestones for children ages 3 through 5		
List ways you can help parents support their child's development		
Explain the importance of early identification of developmental delays and disabilities		
Identify signs that indicate a need for screening or referral		

My personal learning goals for this training are:

1. _____

2. _____

3. _____

AFTER THE TRAINING

Reflections on what I learned:

Questions and concerns I identified:

Action Plan: (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Share what I’ve learned about child development in children ages 3-5 with my supervisor or peers and reflect on how it may support families
- Practice discussing development and developmental concerns with my supervisor or peers to gain confidence in speaking to families
- Review my program’s policies around developmental screenings and referrals

My Action Plan

Action	Target Date	Date Completed