

## Promoting Safe and Healthy Homes Learning Guide for Professional Development

**Note to Learner**: The Institute for the Advancement of Family Support Professionals encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

**Ongoing:** View the Professional Development Program and each IAFSP training module as an investment in skills and knowledge to help improve family support professional effectiveness.

#### Before the training:

- Learner and supervisor review course objectives and family support professional competencies
- Learner rates knowledge of learning objectives

### During the training, the learner:

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Completes post-training evaluation

#### After the training:

- Learner:
  - Rates knowledge of learning objectives
  - Completes post-training activities, as required
  - o Develops an action plan for applying skills and knowledge in daily practice
  - Meets with supervisor to:
    - Review pre- and post-training activities
    - Discuss reflections, questions, and concerns
    - Review action plan for applying skills and knowledge in daily practice
    - Assess personal learning goals, transfer of learning, and action plan

This 45-minute online module provides information about potential health concerns in the home, including physical risks, both indoors and outdoors. It guides family support professionals in how to assist families in completing a home health and safety plan and in identifying community resources through appropriate referrals to any outside agencies.







# Promoting Safe and Healthy Homes Learning Guide for Professional Development

**National Family Support Professional Competencies Addressed:** 

Domain 2: Child Health, Safety and Nutrition

Dimension 8 – Safe environments for young children

Component a: Safe sleeping Component b: Poison Prevention Component c: Vehicle safety Component d: Childproofing

Domain 5: Family Health, Safety and Nutrition

Dimension 20- Environmental safety

Component a: Fire safety

Component b: Emergency Preparedness

Domain 6: Community Resources and Support

Dimension 22 – Building community relationships

### **Before the Training**

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Describe how surroundings and environment affect healthy child development.		
Identify major physical, mental, and emotional health concerns in the environment.		
Discuss how to educate families about the importance of healthy homes, including assisting families to complete a home health and safety checklist and plan.		
List community resources that are available to help families.		

My perso	onal learning goals for this training are:
1.	
2.	
3.	







# **Promoting Safe and Healthy Homes**Learning Guide for Professional Development

### **After the Training**

Reflections on what I learned:					
Questions and concerns I identified:					
Action Plan: (Each learner's plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will					
<ul> <li>Reflect on my personal beliefs and biases about safe and healthy homes. Share my reflections with my supervisor to identify areas for improvement.</li> <li>Encourage all my families to post safety numbers in visible locations and to enter them into their phones (9-1-1, Poison Control, property owner, pediatrician or primary care provider).</li> <li>Identify families who need assistance to provide a safe and healthy home for their children.</li> <li>Complete a childproofing or home safety checklist with my families according to my programs guidelines. Help them find resources to solve health and safety issues.</li> <li>Visit my local fire department and police department to learn about resources and events for child safety seats, fire prevention, and neighborhood safety.</li> <li>Make sure my resource and referral toolkit includes the fire department, agencies promoting lead safety, Habitat for Humanity, Urban Development, resources for carbon monoxide detectors, smoke detectors, mold and mildew treatment, pest treatment, and home repairs for low-income families.</li> </ul>					
Action	Target Date	Date Completed			
	_				



