

## Additional Resources

### Substance Exposed Infants

SAMHSA's National Center on Substance Abuse and Child Welfare:  
<https://ncsacw.samhsa.gov/resources/substance-exposed-infants.aspx>

Social-emotional and cognitive development go hand in hand in developing the executive functioning skills needed for later success in school. Video clip, "Serve and Return Interaction Shapes Brain Circuitry #2" from the Center on the Developing Child at Harvard University:  
[https://www.youtube.com/watch?v=m\\_5u8-QSh6A](https://www.youtube.com/watch?v=m_5u8-QSh6A)

Teach parents and caregivers ways to help young children when they struggle to learn a concept or complete an activity through "scaffolding." Video, "Scaffolding Children's Learning," from the U.S. Dept. of Health's Administration for Children and Families:  
[https://www.youtube.com/watch?v=5hWDbSx\\_kdo](https://www.youtube.com/watch?v=5hWDbSx_kdo)

Local Early Intervention Programs are available to take referrals on substance exposed infants, or any child birth to three, who are at risk for developmental delays/atypical development. To locate the Early Intervention Program in your area go to <https://www.infantva.org>, click "contact us" to find your area program.

Early Impact Virginia: <https://earlyimpactva.org>.