Information Provision Exercise

1. Write down a piece of information or a suggestion you typically provide to a client.

2. Then, create a script for how you might share this information using the following formula:

   a. Ask permission to share the information:

   b. Imagine and write the client's response:

   c. Elicit what the client already knows about subject using an open-ended question:

   d. Generate a potential client response:

   e. Provide a reflection:

   f. Provide the information, resource, or intervention, tailored to what the client already knows:

   g. Elicit a response from the client using an open-ended question:

   h. Imagine and write the client's response:

   i. Provide a final reflection: